



# Penn State **EXTENSION**

AGRICULTURE | COMMUNITY & FAMILY | ENVIRONMENT



## 4-H CLIPBOARD

Issue 1/09

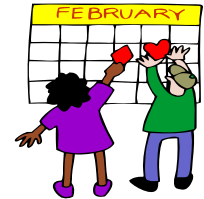
March, 2009

**grow**  
Live, Learn, Serve Through 4-H

### A Challenge for You !

So, are you up to the challenge?  
Can you take the heat?  
**Pennsylvania 4-H Week** is March 15-21. We challenge you to get out there and support the 4-H program in your community. Wear your 4-H gear everyday that week and let people know about us! Then, have your teacher sign

a note that you wore your shirt each day and bring the note to the Extension office for your "I stand up for 4-H" award. You can also make a poster and put it up in your post office or a library in your area. Tell a friend about 4-H too! Let's spread the word that the Westmoreland County 4-H program is awesome!



*Mark Your Calendars*

**March 6 ~ 8**  
*Teen Leader Retreat*

**March 12**  
*4-H Board of Directors Mtg.*

**March 15-21**  
*Pennsylvania 4-H Week*

**March 24**  
*New Leader Orientation*

**March 28**  
*Kick off Dance*

### Board Meeting Jumps a Week

The March reorganization meeting for the Westmoreland County 4-H Board of Directors has been moved from March 5, to **March 12, 2009**. The meeting will be held at 7:30 p.m. at the Penn State Extension office in Greensburg. This is a week later than usual due to staff in-service at Penn State. If you have any items for the agenda please contact Joann Logan, Cindy Arblaster or a Board member.

### Annual Kick Off Dance



Join the fun and bring a friend to the Annual 4-H Kick Off Dance. The dance will be held **March 28, 7:00 p.m.** at the 4-H Building on the Westmoreland Fairgrounds. The event is sponsored by the County 4-H Teen Council. The cost of the evening is \$4.00 per person. Don't miss out, come join the fun!

Special points of interest:

- ♦ *Poultry class for youth available*
- ♦ *Rabbit school coming soon*
- ♦ *State Days Teams will begin forming*

PENNSTATE



OUTREACH  
Program of  
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Agricultural  
Sciences

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March 2008

## VIP Training for New Leaders

Volunteer adults who are planning to serve as a 4-H leader must attend a VIP (Volunteer Information Packet) training in addition to turning in a



***New Leader VIP Training  
March 24, 7:00 p.m.***

written application, Act 33 & 34 Clearances and two character references and participate in a personal interview. Please plan to attend the training on Tuesday, March 24<sup>th</sup>

7:00 p.m. at the Westmoreland Extension Office, 214 Donohoe Road, Greensburg, PA.

### ***Announcement***

The next practice for the Livestock Judging team will be held on **March 19, 2009** at 7:00 p.m. Practices are held at the Westmoreland County Extension office in Greensburg. For more information about the team contact Krystal McCracken (724) 493-8486.

## 4-H International Cultural Experience

Penn State Cooperative Extension 4-H Youth Program offers an opportunity for teens age 12-18 to host a youth from another country for one month home stay. The focus of the program is to permit the formation of friendships by placing students with a host brother or sister of the same gender with similar interests and approximate age. All programs involve orientations for delegates and host families.

There are opportunities to host a youth from:

Finland ~ June 15 to July 18<sup>th</sup>

Costa Rica ~ June 21 to July 18

Norway ~ July 8 to August 6

Japan ~ July 22 to August 19

Host families share a willingness to open their homes and hearts,

- ◆ They host just one student
- ◆ Enthusiasm is the main qualification
- ◆ They do not need to plan special activities
- ◆ The host family does not need to have prior 4-H involvement
- ◆ The youth have their own medical

insurance and spending money

- ◆ The youth come to experience everyday family life

Applications are due by March 1, so HURRY!

If you are interested in participating contact Kelly Rowe (724) 757-5576 or email [kbjsrowe@yahoo.com](mailto:kbjsrowe@yahoo.com).

## Something Old, Something New

4-H Horse members and families are reminded about the **March 28, 2009** Horse Tack Swap at the Westmoreland Fairgrounds 4-H Building and area. The doors open at 10:00 AM and will close at 2:00 PM. A \$1.00 donation is asked for at the door. Refreshments will be available also. Nearly 30 vendors are expected. This is a great opportunity to get some riding outfits that other 4-H'ers have grown out of.

MARK YOUR CALENDARS  
Westmoreland County 4-H Travel All Club Blood Drive is scheduled for April 29, 2009 from 3:00 to 6:00 p.m. at the Donohoe Center in Greensburg.

## Counselors Wanted—Apply Now

Teen counselors are needed for the SW Regional 4-H Resident Camp June 14-17, 2009 at Laurelville Mennonite Church Center, Laurelville, PA. This is a selection process with intensive training provided. Applications are available at the Extension office and are due back to the office by **March 31, 2009**.

Knowledgeable teens are also needed for counselor positions at the Multi County Horse Camp June 21-24, 2009 at the Westmoreland Fairgrounds, Greensburg, PA. Training and riding instruction is provided June 17-19, 2009 at the Westmoreland Fairgrounds. Applications are available at the Extension Office and must be returned by **May 22, 2009**.

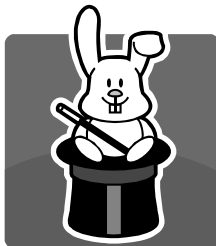
The Walbaum Family wishes to thank all the 4-H families that gave gifts, donations, monetary donations and prayers when they lost their home in June. Krystal is a 4H Horse member from Derry Township. Her family was deeply touched by the outpouring of help from 4-H families from across Westmoreland

## PSU Spring Judging Contest

The PSU Spring Livestock, Dairy and Horse Judging Event is scheduled for March 21, 2009. Members of any age are encouraged to participate at the annual judging contests at Penn State. This is a great opportunity to test your skill as a judge as well as to

experience a judging contest. If there is enough interest in participating, we will take a bus to the contest. Want more information, contact Krystal McCracken (724) 493-8486 or the Extension Office. The cost of the day is \$10.00 a person which includes your lunch.

## Rabbit School . . .Not for Dumb Bunnies



The Westmoreland County Rabbit Club in conjunction with the 4-H program is

offering a Rabbit School, not for dumb bunnies but for smart rabbit owners and breeders. Mark your calendar for **March 28, 2009** at the Greensburg Central Catholic School in Carbon from 8:30 a.m. to 4:00 p.m. Registration is \$3.00

and due by **March 1st**. Lunch is available for an additional \$5.00. A registration form is available at the Extension office or on our web site: [Westmoreland.extension.psu.edu](http://Westmoreland.extension.psu.edu).

## POULTRY 101 !

Who should attend? This program is designed for all youth 13 years of age and older and adults who enjoy teaching youth about poultry. It is the next step for the older more advanced youth. We have asked the presenters to include advanced topics in their presentations and plan to allow hands-on learning as

much as possible. Why attend? Sessions will be conducted by Penn State poultry faculty, American Poultry Association judges, and other experts. Registration fee is \$12 and covers all costs of instruction, parking, breaks, lunch, and conference T-shirt.

**Registrations are due by April 17, 2009.** Cancellations received prior to April 17 will be eligible for a full refund, no refunds will be given after that date. For a schedule and more information go to our website: Penn State Poultry Extension.

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## Training for Club Officers

Please join us **April 23, 2009** at 6:30 p.m. at the Extension office for Officer's Training Night. This night is a great way for club officers to learn the details of running a meeting and handling the specific duties of each office. Participation certificates and incentive awards

will be given to each club that participates. Also this night you will have the opportunity to participate in some fun and interactive team building activities. Even if you're not a club officer, you are welcome to attend and represent your club.

Please call and let us know how many will attend from your club.

## Spaghetti Dinner....yummm!

Come join the Travel-All club for a spaghetti dinner as they try to raise monies for a bus for their trip to Wisconsin. This trip will be the second leg of the interstate cultural exchange. The dinner will be held on April 26 at the 4H building at the

Westmoreland Fairgrounds from 1:00 to 6:00 p.m. It is family friendly and you can get take out.

Let's help out the kids!

### Horse Clinic Scheduled!

April 30, 2009, 6:30 p.m.  
at the Kelly Center on  
the Westmoreland  
Fairgrounds.

"Horsemanship Skills,  
what are they and how do  
I teach my horse".

Cost is \$2.00.

## Scholarship Available for 2009

The deadline for the Pennsylvania Livestock Association Scholarship is **March 1, 2009**. The application is posted on the PSU Department of Dairy and Animal Science website. The scholarship is to recognize 4-H and FFA members

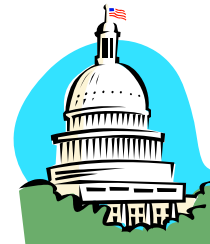
who participate at the Keystone Livestock Exposition (KILE) each year. The application asks for a record of 4-H/FFA accomplishments, years of participation at KILE and any help

that you may have given to the PLA. Check it out!

## PA Capitol Days ~ Representatives Needed

If you are interested in citizenship, then PA State 4-H Capitol Days is for you. Join other 4-H teens **April 19-21, 2009** in Harrisburg, PA. The conference prepares you to visit with your legislators and to get an understanding of how the departments and agencies work with our legislature and the governor's office. Under the Penn State Cooperative Extension umbrella, 4-H relies on support from the PA legislature. Learn the decision making process and issues that our state government wrestles with to provide for our commonwealth. You must be 15 years of age and will be responsible for the cost of transportation, about \$40.00 and the 4-H Development Fund will pay the \$275.00 registration fee. You will stay at the Hilton Hotel in downtown Harrisburg and travel as a group from the region. Reservations are due to the office by February 23, 2009.

Circle the following dates and don't miss the fun at the



State 4-H Capitol Days  
April 19-21, 2009

upcoming summer horse shows  
held at the Westmoreland

## Shooting Sports Certification

Adult volunteers wishing to be certified as a shooting sports volunteer leader need to plan to attend the Shooting Sports Leader Training on **April 24-26, 2009** at Thousand Hills Sports Center in Wellsboro, Tioga County. The 4-H

Development Fund will cover the registration cost of \$125.00. I believe that will cover lodging and meals, but your travel costs would be on your own. They are also anticipating having another training in Butler this spring but

the date has not been picked yet.



## Competitive Teams for State Days Forming

Test your knowledge and skill in your project area. Join a team for competition for Penn State Achievement Days. This year the event is being held July 28-30, 2009. Teams are forming in the following areas:

Rabbit  
Horse Bowl  
Dairy Judging  
22 Riflery  
Shot Gun  
Public Speaking  
Food and Nutrition

Horse  
Hippology  
Dairy Bowl  
Air Rifle  
Orienteering

If you are interested in participating on any of the teams you need to contact the Extension office now or email [jel3@psu.edu](mailto:jel3@psu.edu).

## Personal Accomplishments, Personal Pride



Welcome new 4-H members and returning members. Every 4-H member should be challenging themselves to do better, learn more and expand their experiences further than last year. With each opportunity members have the chance to grow in their knowledge

and their personal skills. Take the challenge and make a plan to complete one level of the clover awards on the personal 4-H **Ladder of Achievement Program**. White, Green, Bronze, Silver, Gold and even the Diamond levels offer you a plan to work towards that will help you be better than you were last year.

Those who complete the levels will be honored at the annual Achievement Night this fall. Forms are available at the Extension office or on the web. Diamond Award winners Chelsea Smouse and Michelle Crise are challenging "U".

### Hot Dot Roaster Needed

The 4-H Horse Leaders are looking for a hot dog roaster to use at the 4-H Horse Shows this summer. If anyone has one that they would be willing to donate or sell reasonably, please contact Kathy Kepple (724) 668-8052 or Tammy Marsh (724) 539-0330 or email [fivecollies@yahoo.com](mailto:fivecollies@yahoo.com).

The leaders are also in need of some commercial ovens if anyone has any connections. Thanks for any help you can give.

## CONGRATULATIONS

Congratulations to **Emily Gabriel** on completing her year term on the PA State Teen Council. In this role, she worked with a select council of teens from across Pennsylvania to be the voice of 4-H. They were involved with the Farm City Day at the Keystone International Livestock Exhibition, PA Agricultural Progress Days, PA Farm Show, PA State Capitol Days and many other events to promote 4-H. The year long commitment opened doors of experiences and promoted friendships across the Commonwealth. Thank you Emily for your dedication to 4-H and sharing the story.

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## PA State 4-H Teen Conference

Over 200 teens gathered for the 2009 PA State Teen Leadership Conference at Penn State earlier this month. Jason Roland, Jake Wright and James Androstic represented Westmoreland County

at the conference. The weekend had interactive workshops, motivational speakers and provided the teens an opportunity to meet other 4-H teens from across Pennsylvania. Thanks to

Harry Roland for chaperoning these young men.



## 4-H'ers Shine at Farm Show

PA Farm Show Gang makes a mark for Westmoreland County at this year's show. Westmoreland County had 47 members who exhibited at the 2009 PA Farm Show. Each of the members worked hard and are to be congratulated for their efforts. Harrisburg is 200 miles away, so any member who participates makes financial and major time commitments. Thank you 4-H families for being supportive. Here are just a few of the highlights. Justene Testa of Mt. Pleasant was the winner of the Outstanding Young Shepherds Contest in the intermediate age division. Justene scored 20 points above all others in the contest. The young shepherd contest is open to all 4-H sheep members in Pennsylvania. Congratulations Justene and thank you to her leaders who helped her for the contest. Congratulations to "Joe Dog" Joey Espey from Scottsdale for exhibiting the Grand Champion Market Hog at the 2009 Farm Show. Out of 437 market hogs that were in the contest, his 4-H project animal was selected the best in show. Not far behind were Josh and Jacob Ebert of Derry Township who were named 3rd and 4th top hog! Colton Zundel was named Reserve Grand Champion Mark Steer. Colton and sister

Hannah have stood in the winner's circle before but each success is a positive reinforcement for their hard work. The following members received first places in their project areas. Christopher Ament in woodworking and latch-work; Phebe Cornell with her multi-media presentation; Nate Painter with his yeast bread entry; Emily McChesney with her dress; Kelly, Ryan and Brandon Komar for their honey entries; Monica Panichelle for her Babysitter Tool Kit and Grace Gongaware for her poster. In addition to first place, Grace Painter received a Best of Show for her coffee cake. Jill and Sara Rowe did well with their entries as did Caelan McChesney. Among the 4-H rabbit members participating in the youth division first place ribbons were awarded to Becky Forney, Tiffany Mottle, Samantha and Kylie Newhouse and Anna Kate and Abby Payha. A number of youth showed livestock in the following contests:

**Swine:** Francesca and Enrico Mucci, Chase and Dane Logan, Ivan Nedrow, Kelvin and Stephanie Nelson, Ethan, Kenny and Nat Stas, Cody DeMase, Brian Holleran, Sarah and Joey Espey, Courtney Moats, Colton

Zundel, Jessica Himler and Josh, Jonathan and Jacob Ebert. **Exhibiting lambs and goats** were Dylan Marks, Reed Hayes, Kayla Faith, Symantia Hoover, Alex Mills, Justene Testa, Leah Deglau, Caralyn and Caitlyn Hyduke and Dontae Boggio. Dontae received Champion with his meat goat. Also doing very well this year were the Square Dancers bringing home red and blue ribbons. Congratulations to Aaron Sterling, Monica and Amanda Panichelle, Gwenda Tedrick, Sara Rowe, Maggie Millward, Anthony and Dominic Panichelle, Katie Johnson, Jason Roland, Chris Ament, Jake Wright, Justin Gayla, Sara Geshinsky, Natalie Ryle, Danielle Roland, Samantha Newhouse, Chris Robb, Steven Antolovich, David and William Franicola, Nicole McCracken, Abby Gillis, Victoria Goldsworthy and Kylie Newhouse.

**WOW!!!**

**Congratulations to All!**



## County Rabbit Meetings Scheduled



Starting in March of 2009 the monthly county rabbit meetings will begin. The meetings are held the fourth Monday of the month at 7:00 p.m. at the Extension office in

Greensburg. Leaders are asked to attend along with their rabbit members. Subjects to be discussed will include **March** ~ Guest speaker, also we will cover housing, cages, feeding, healthcare, nails, and First Aid.

**April** ~ How to pick a rabbit, breed ID, culling, market, breeding.  
**May** ~ showmanship, posing, conditioning  
**June** ~ ethics course  
**July** ~ Guest Speaker and preparing for the fair. Tattooing will be done for \$1.00 per rabbit.

## Jr. Horse Show Committee Reorganizes

RECYCLE is the word of the day and all the buzz at the last JHSC meeting. Do you have millions of old JHSC show ribbons? If so, listen to this! Turn in your old ribbons to your club leader by March 1st or hand them in at the JHSC show. All ribbons must be SPOTLESS

with NO WRITING on the back of them! You will get 50 cents per donated ribbon. All donations will be greatly appreciated! This year's officers are President, Justene Testa; Vice President and Banquet Chair, Kerri Zelenak; Secretary, Becca Welch; Treasurer, Lauren Androscopic; Point Secretary, Rachel

Wolinsky; Social Chair, Sarah Wolinsky; News Reporters, Lydia Kepple and Elizabeth Buck. We will be holding a pie sale in March with delivery in April. This year's banquet is scheduled for November 21, 2009.

*Submitted by Lydia Kepple and Elizabeth Buck*

## Salem Saddle 4-H Horse Club

The Salem Saddle Club had their first meeting for 2009 in February at the Kepple's. Officer elections were held and the new officers are President, Marissa Rega; Vice President, Julia Tuttle; Secretary, Chelsea Marsh; Treasurer, Kristina

Begonia. Our JHSC representatives are Kerri Zelenak, Lydia Kepple, Chelsea and Carly Marsh, Emily Verner and the Muellerleile family. Scrapbooking committee members are Megan and Sarah Johnson, Courtney Poholsky

and Chris Butcher. Our club is planning a trip to the Harrisburg Equine Event. We also went over plans for our 2 day show. At the March meeting demonstrations will take place.

*Submitted by club members Lydia Kepple, Emily Verner, Casey Carr and Cristy Marsh*

## The Just Buggy Club



The Just Buggy Entomology Club is having an open house on Friday, March 13, 2009 from 7:00 to 9:00 p.m. The open house will be held at the Extension office in Greensburg where we hold our monthly meetings. Why not swarm on in and see if you would like to "bee" a part of our hive. Come meet our club members and leaders and learn about all the fun things we do.



## Travel-All

The Travel-All 4-H Club has planned their community service events for 2009. April 15, 2009 a Red Cross Blood Drive; May 3 taking a trip to visit the veterans at the Aspinwall veteran's hospital. We are still collecting items to be given to the Veterans. The club will host a spaghetti dinner April 26 at the fairgrounds in the 4-H building. The ticket prices are Adults \$7, Ages 5-10 \$5 and 4 and under Free there will be a limited amount tickets sold at the door. The spring frozen food sale will be held at the fairgrounds on Saturday, March 7 from 9 am to 12 noon.

*Submitted By ~ Jodi Musick*

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[http://  
westmoreland.extension.psu.edu](http://westmoreland.extension.psu.edu)



## Leaders Honored at Annual Kick Off

The annual Leader Kick Off evening Honored volunteers for their years of service to the 4-H Youth of our County. State Senator Kim Ward personally helped to honor the leaders. Congratulations to Thelma Heide for her committed dedication of 50 years to the 4-H members of this county.

This year's honorees:

### First Year

Richard Ackerman  
Pamela Brooks  
Amanda Dias  
Susan Goldsworthy  
Gregg Homanics  
William Kepple

Forrest Ogg  
Brian Schmucker  
Debbie Sheffler  
Kenneth Stas  
Diane Stein  
Debbie Weightman  
Russell Withrow

### Five Year

Bonnie Belak  
Dolores Blasko  
Harry Brooks  
Shelby Campbell  
Nancy Gerhard  
Lisa Ellen Gephart  
Micheline Hilty  
Paula Kelly  
Neil LeJeune  
Sharon LeJeune  
Laura Mastrococco  
Sandra Mauro  
Laura McElhinny  
Susie McQuaide  
Luba Mintas  
Brian Musick  
Shirley Musick  
Denise Roland  
Floyd Snyder

### Ten Year

Tim Griest  
Heidi Kozar  
Larry Lauffer  
Jessica Lewis  
Angela McDonnell  
Teresa Seh  
Kelly Shandorf  
Don Trumbetta  
Ruth Trumbetta

### Fifteen Year

Barbara Hixson

### Twenty Year

Barb Rager  
Samuel J. Small  
Mark Testa

### Twenty-Five Year

Leon Falbo

### Thirty Year

Betty Flowers  
Sue Henderson  
George Sproat

### Thirty-Five Year

Betty Harr  
Patty Kelly  
Scott Kelly

### Fifty Year

Thelma Heide

Thank you to these leaders for all the time they put into helping our 4-H youth.

Sincerely,

Joann E. Logan  
Extension Educator/4-H and Youth Development

Cindy K. Arblaster  
Extension Educator/4-H and Youth Development

The Livestock Weigh-In will be held May 16 at the Westmoreland Fairgrounds and Derry High School. All market lamb, goat and swine members should plan to attend. Your project animal must be ear tagged on that day and if you wish to participate in the Daily Rate of Gain contest your animals must also be weighed in.

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