



# Penn State **EXTENSION**

AGRICULTURE | COMMUNITY & FAMILY | ENVIRONMENT



## 4-H CLIPBOARD

Volume 1 • Issue 1

December, 2006

**grow**  
Live, Learn, Serve Through 4-H

### 2007 PENNSYLVANIA FARM SHOW

The 2007 Pennsylvania State Farm Show is not far off. Pre-registration is requested for exhibits. If at all possible. Plans are to have a web site up and working to enable exhibitors to pre-register. Pre-registration is requested by December 15, 2006. If your members pre-register they will be sent tags to attach to their exhibits to bring to

the Farm Show. Pre-registration will make exhibit entry easier.

**ATTENTION 4-H BOARD OF DIRECTORS. OUR JANUARY MEETING DATE HAS BEEN CHANGED FROM JANUARY 4 TO JANUARY 18, 2007.**



#### **MARK YOUR CALENDARS**

PA FARM SHOW  
JANUARY 6-13

4-H TAILGATE  
COOK-OFF  
JANUARY 27

4-H LADY  
LIONS DAY  
FEBRUARY 4

TEEN LEADER  
RETREAT  
MARCH 2-4

### THE BEST TAILGATE PARTY IN TOWN



The first annual Westmoreland County 4-H Tailgate Cook-off Challenge will kick off the

morning of Saturday, January 27, 2007 at Eastern Westmoreland Career & Technology Center located in Latrobe, PA. This event is open to youth ages 8 to 18 that want to show off their culinary skills, learn more about Food and Nutrition projects and connect with members from other 4-H groups in Westmoreland County. Participants can enter a recipe of their choice to be judged in one of the following five categories: Appetizers & Snacks, Soups & Salads, Main Dishes,

Sandwiches and Desserts. Participants will also be asked to design a table display based on an activity the participant enjoys and write a one day menu that features their chosen recipe. We will also have some fun activities related to food and nutrition, tours of the facility and the chance to win great prizes! Volunteers will be needed for the event for registration, vote tallying and help with group activities. For entry forms and any other questions, please contact Melanie Simko, Americorps Member with Penn State Cooperative Extension at 724-837-1402 ext. 155.

We hope to see you all there!

#### **Special Points of interest in this issue:**

Teens to participate in Square Dance Competition

Shooting Sports Certification for Leaders

Deal or No Deal at Teen Leader Retreat

Members to attend 4-H State Leadership Conference

PENNSTATE



OUTREACH  
Program of  
the College of  
Agricultural  
Sciences

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December 2006

WEBSITE [HTTP://WESTMORELAND.EXTENSION.PSU.EDU](http://WESTMORELAND.EXTENSION.PSU.EDU)



Pennsylvania State Farm Show  
January 6-13, 2007  
Farm Show Complex,  
Harrisburg PA

## PA FARM SHOW - OPPORTUNITY FOR 4-HERS

4-H members are encouraged to enter their 4-H projects at the 2007 PA Farm Show in Harrisburg, PA. There are lots of classes for 4-H members from posters to foods. We will carpool your exhibits to and from Harrisburg, but you need to

enter them with the Farm Show on their web site [www.farmshow.state.pa.us](http://www.farmshow.state.pa.us) Bring your items to the Extension Office by January 3, 2007. Farm Show catalogs are available at the Extension office or online. Take the opportunity to showcase

your work. Please also be aware that there is a fashion show for textile science exhibitors. Check it out!

Good luck to our livestock exhibitors at the upcoming Farm Show!

WE HAVE A CORRECTION TO MAKE. MELANIE LOUGHNER PLACED FIRST IN WALK TROT AT THE DISTRICT X 4-H HORSE SHOW. WAY TO GO, MELANIE!

## FARM SHOW BUS SEATS AVAILABLE

This year we are proud that several of our teens will be dancing at the Square Dance Competition January 8, 2007 at the PA Farm Show. We will be taking a bus to the Farm Show on Monday, January 8, 2007 leaving at 8:00 AM

and returning at about midnight to Greensburg, PA. Seats are available to anyone who would like to travel with the 4-H members and families. The cost of the seats are \$25.00. Reservations are on a first come first serve

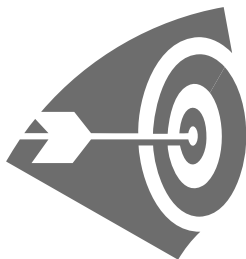
basis. When the bus seats are gone they are gone. Your check for \$25.00 made payable to the Westmoreland County 4-H Development Fund will hold your seat.

## IT'S NOT SQUARE TO SQUARE DANCE

4-H Teens are finding out that it is fun to square dance and at times the calls are complex. This year Westmoreland County will have two sets

(sixteen) 4-H members dancing in the competition at the PA Farm Show January 8, 2007. If you can't make it to Harrisburg to cheer on our 4-H members, watch the

Pennsylvania Cable Network and see if you recognize any of our teens!



Shooting Sports Leader training to take place in April, 2007.

## SHOOTING SPORTS LEADER TRAINING

The PA Shooting Sports Leader training this year will be held April 20-22 in Wellsboro, PA. Trainings will be held for Rifle, Pistol, Archery, Shotgun and Muzzle loading. The day before there will also be a "Range Officer Training

Course". More details will be coming. But, if a leader needs to be certified for the club, they should plan to attend the April training sessions.

## 4-H LADY LIONS DAY

The 2007 4-H Day with the Lady Lions is scheduled for Sunday, February 4, 2007 at 2:00 p.m. This game will be against the Wisconsin Badgers. There will be a charge for tickets this year. We

have worked out a deal with the Lady Lions to get the tickets for \$1.00 each. Regular group ticket sales are \$3.00 for youth tickets and \$8.00 for adult tickets. Jenn James, the Assistant director for

Intercollegiate Athletics worked with the ticket office to get our tickets for \$1.00 because of the long history 4-H has with the Lady Lions. Ticket orders are due to the Extension office by December 15.



PSU Lady Lions  
vs. the  
Wisconsin Badgers  
February 4, 2007

## DEAL OR NO DEAL AT TEEN RETREAT

Are you up to making the right choice at this year's SW Regional 4-H Teen Leader Retreat, March 2-4. This will be the 43<sup>rd</sup> consecutive year for the conference. There will be great programs. For the young driver, you will have the opportunity to drive the Safety Bug that

demonstrates the affect that drinking has on your driving ability. Or maybe you are into the animal sciences with looking at the latest technology in embryo transplanting. You won't want to miss how to keep your identify safe from theft, especially as we do more and more on line or

learn what the fuss is about with that E85 gas that is on the market. Then spend the afternoon hip hopping or playing winter dodge ball or line dancing or three other choices. The cost of the weekend is \$125.00 so save that Christmas money and watch your mail box for the registration form.

HOLD THIS  
DATE,  
THURSDAY,  
FEBRUARY 15,  
2007 FOR THE  
ANNUAL 4-H  
LEADERS KICK  
OFF DINNER.

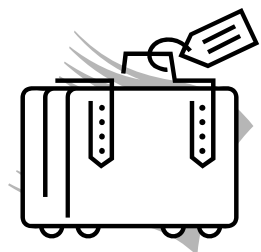
## INFLUENCE PEOPLE AT PA STATE 4-H CAPITOL



Teens who have an interest in state government and learning how 4-H is influenced by our legislative decision makers are invited to attend the PA State 4-H Capitol Days. This year's Capitol Days is scheduled for April 15-17, 2007 in Harrisburg, PA. 4-H teens

from across Pennsylvania will gather to learn how our state government works and how people like themselves can influence policies and direction for Cooperative Extension and the 4-H Youth Development Program. The cost of the event has continued to increase and therefore we can only send two delegates to State Capitol Days. Therefore, if you are interested in attending, you will need to complete a short form indicating your interest. You need to have the form

returned to the Extension office by January 31, 2007. Others not selected will have the opportunity to attend but at their own cost.



Deal or No Deal  
this year's theme for  
Teen Leader Retreat  
March 2-4, 2007

## PENNSYLVANIA GOVERNOR'S SCHOOL



Is Pennsylvania's  
Governors School  
For You?

Check it out...High School Juniors who like agriculture and 4-H work may want to consider applying for The Pennsylvania Governor's School for the Agricultural Sciences. Fifty of the brightest and best teens are selected to participate

in a five week intensive program that blends hands-on learning, field trips, research and social opportunities that all add to an exciting chance to explore the breadth of the agricultural sciences. Check it out, applications

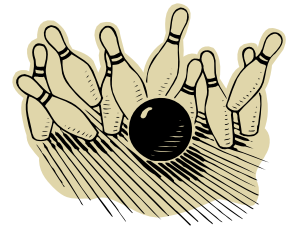
are available from your school guidance counselor's office.

## 4-H... MOVING IN THE FAST LANE!

Calling all 4-H members ages 5-11! If you think you'll be having the winter blues in February, think again! The Westmoreland County 4-H Overnighter will take place **February 9-10, 2007**. We will be moving in the fast lane,

bowling lane that is, by going *Cosmic Bowling*, plus offering some fun workshops for you, offered by teens from 4-H County Council. So, put this on your calendar because February is coming fast. Registration information

is attached to this issue of Clipboard, so be sure to get yours in today!



THE BEST OF  
LUCK TO OUR  
4-H TEENS  
ENTERING THE  
SQUARE DANCE  
COMPETITION  
AT THE FARM  
SHOW. THEY'VE  
BEEN  
PRACTICING  
AND  
PRACTICING!



## 2006 FRIEND OF 4-H NAMED

Joan Evans was named as this year's Friend of 4-H. Joan is the grandmother of two 4-H alumni and has been a behind the scenes part of the 4-H and FFA Livestock Program for over 25 years. For about 15 of those years Joan served as the treasurer of the Jr. Livestock Show and Sale Committee. Each year accounting for all transactions of the Jr. Livestock Committee but more importantly handling and distributing of as much as \$100,000.00 dollars to

the Jr. Livestock Exhibitors. This is in the time of hand written ledgers and accounting, not today when computers aid in tracking these finances. In addition, to serving as treasurer, Joan has saved the 4-H and FFA members thousands of dollars in awards by hand making the champion buyer banners for the Jr. Livestock Sale instead of purchasing them from commercial companies. She would search high and low to find the appropriate

supplies to make the banners which are always professional in appearance and of quality workmanship. Joan is not active in the livestock program anymore since her grandchildren have aged out of the program but she continues to sew the banners for the Jr. Livestock Members Champion Buyer Recognition.

## SALUTE TO EXCELLENCE HONOREES ELECTED

The Westmoreland County 4-H Board of Directors identifies a ballot of leaders that meet the criteria of the national award entitled "Salute to Excellence". The award is given by the National 4-H Council. The attendees at the annual county 4-H Achievement Night vote for two leaders; one who has completed less than 10 years of service and one who has completed more than 10 years of service. This year Susan Falbo was elected as the Lifetime 4-H Volunteer (over 10 years) and Ruth Trumbetta was elected as the Volunteer of the Year (less than 10 years).

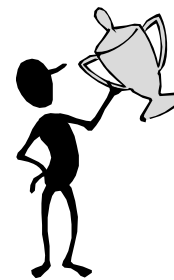
**Ruth Trumbetta of Jeannette, PA** is 9 year

leader for the Alwine Community 4-H Club. Ruth has been a project leader in the club for many of the animal science projects. She serves as the treasurer for the Jr. Livestock Show and Sale Committee and book keeper for the livestock auction. Ruth is also active as a chaperone for the 4-H Travel All Club. Ruth has served as a member of Westmoreland County Extension Executive Board. Ruth also serves as a 4-H supporter in her role as treasurer of the Westmoreland Fair and Recreation Association.

**Susan Falbo of Latrobe PA** and her husband Leon have been the adult advisors to the 4-H Teen

Council for 27 years. Susan and Leon work closely with the 4-H County Teen Council to organize the county 4-H Achievement Night, the younger member lock-in and the information booth activities. Susan has been project leader for the Mountain View 4-H Club for various projects over the years and serves as superintendent for the plant sciences. She presently also serves as the organizational leader of the Llamas R Us 4-H Club.

These individuals will be nominated for state and national consideration. Congratulations to our 2006 honorees, Betty Harr and Heidi Kozar.



Congratulations to Ruth Trumbetta and Susan Falbo for the Salute to Excellence Award.



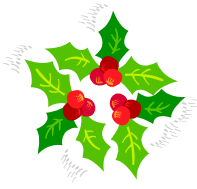
## LIFETIME ACHIEVEMENT AWARD WINNERS

We would like to congratulate the following 4-H members for receiving the 2006 Lifetime Achievement Award at this year's 4-H Achievement Night. *Lyndsey Androstic for Horse; Michelle Crise for Plant Science; Kelly Komar for Beekeeping and Ryan Komar for Swine.* The award recognizes youth who have displayed personal development

through commitment to 4-H project work and contribution to their general 4-H club program. As part of this award, they will each have the opportunity to spend a one-day internship with a professional in a field related to their project area, and they will receive a \$50.00 savings bond.

Way to go 4-Her's!

The 2007 Southwest 4-H Leader's Symposium will take place **February 23-24, 2007**, at the Indiana County Holiday Inn. We have some great workshops and speakers planned, so we hope that you plan to attend! You can attend for either one day or both days, and hotel rooms have been blocked off if you'd like to stay at the hotel. Registration and hotel information will be sent to you in early January, so watch your mail!



4-H Teens prepare  
for State 4-H  
Leadership  
experience.

## PIONEERING THE WAY

Four of our teens, Rachael Lute, Robyn Wright, Jillian Rowe and Marla Sacks will be participating at the 2007 PA State 4-H Teen Conference. The conference is being held February 23-25, 2007. This

conference will build their leadership skills, develop their interpersonal traits and build their confidence to accept the challenge of leadership positions in their 4-H Club, school and community. We look

forward to these teens bringing back great ideas for leadership development for their peers and younger members. Thanks to Shari Wright for offering to chaperone!

## CONGRATULATIONS HORSE SHOW PARTICIPANTS

Forty-three 4-H members and their horses participated at the 2006 Pennsylvania State 4-H Horse Show in Harrisburg. Although we did not bring any first place winnings home we did have several members who placed second in their classes and the county educational exhibit done by Jodi Lenhart, Allison Frye,

Lacey Petika, Kayla Cahill and Madelyne Peiringer took first within our district. The Westmoreland County is out of this world theme provided lots of fun and creative ideas for the county stall decorations. Thanks to Dorothy Testa, Becky Wolinsky, Billie Jean Smouse and Cathy Burkhart for their

leadership to help out the members.

DON'T FORGET  
ABOUT THE 4-H  
TAILGATE  
COOK-OFF  
CHALLENGE  
COMING UP  
JANUARY 27,  
GET YOUR  
REGISTRATION  
IN TODAY!

## JHSC ANNOUNCES AWARD WINNERS

The Westmoreland County Junior Horse Show Committee announced its award winners at their recent banquet. Congratulations to Westmoreland County 4-H Horse Members on their year end points awards. Champion Versatility Horse was ridden by Alana Nestico of the Hoofbeats 4-H Club, Versatility Pony was ridden by Jodi Lenhart of the Laurel Mountain 4-H Horse Club. High point rider in the English division,

horse was Alexandra Zeleznik of the Covered Bridge Club and Amanada Kowalczyk of Salem Saddle Club for pony. High point winners in the Western Division were Jackie Schwirian of the Harrold Alwine Club, for horse and Rebekah Baker of the Harrold Alwine Club, for pony and in the Games Division was Travis Smouse of the Covered Bridge Club with his horse and Brittany Coles of the Brush Creek

Club with her pony. Matthew Barrett and Sarah Kebe of the Trail Blazers Club tied for the high point therapeutic minimum assistance and Lauren Shawl of the Trail Blazers Club was the high point therapeutic maximum assistance award winner.



Like to Bowl?  
Join us  
February 9-10, 2007!

## 2006 PROJECT BOOK AWARD WINNERS

### Food & Nutrition

8-11 Bethany McPherson  
12-15 Jennifer Harrold

### Small Animal

8-11 Ali Sheffler  
12-15 Catherine Simmons

### Photography

16-19 Timothy Panzigraw

### Plant Science

8-11 Amber Withrow  
12-15 Ryan Komar

### Dairy

8-11 Emily Penich  
8-11 Rachel Sheffler  
16-19 Christina Potts

### Rabbit

8-11 Danielle Roland  
12-15 Jodi Musick  
12-15 Becky Forney  
16-19 Stephanie Keefe

### Vet Science

12-15 Cheyenne Shaffer  
16-19 Sarah Clegg

### Poultry

8-11 Katelyn Johnson  
12-15 Andrew Johnson

### Livestock

8-11 Jacob Penich  
8-11 Sara Halferty  
12-15 Heather Sullenberger

### Llama/Horse

8-11 Matthew Dickson  
12-15 Marla Sacks  
16-19 Nicol Adams

### Clothing & Textiles

8-11 Mara LeJeune  
8-11 Emily Rose  
16-19 Jodi Lenhart

### Shooting Sports

8-11 Jacob LeJeune  
8-11 Jamie Pergola  
12-15 Carly Marsh

### Engineering

8-11 Phebe Cornell  
12-15 Isaac Cornell

### Dog

8-11 Devan Dudley  
12-15 Jennifer Misko  
16-19 Amber Biss

### Natural Resources (sport fishing)

8-11 Josh McPherson  
12-15 Michelle Crise



Congratulations to  
Westmoreland  
County 4-H Project  
Book Award winners.

OUR  
PENN STATE  
COOPERATIVE  
EXTENSION  
WESTMORELAND  
COUNTY  
2007  
CALENDARS  
ARE NOW  
AVAILABLE AT  
THE OFFICE.  
STOP IN AND  
GET YOUR COPY  
TODAY.



## MEMBERS COMPLETE HORSEMANSHIP SKILLS

As 2006 draws to a close, the following 4-H members can feel good about their riding skills as they have successfully completed the Level I Horsemanship Skills. This accomplishment is much like receiving your drivers license. The member must demonstrate

their ability to guide and control their horse to various specifications. Congratulations to: Meghan Biller, Caiti Brown, Kayla Cahill, Lauren Faddish, Allison Frye, Brooke Hebrank, Madison Herrle, Sarah Kebe, Dylan Marks, Keegan Miller,

Madelyne Pieringer, Lacey Petika, Marissa Rega, Ashley and Natalie Roberts, Morgan Rohm, Rebecca Welch, Amy and Laura Wodzinski, Kerri Zelenak, and Melanie Loughner and Brooke Hebrank with their production babies.



Westmoreland County  
received funds to make  
the horse ring area  
more accessible.

❁ ❁ ❁ 4-H CLUB NEWS ❁ ❁ ❁

**TRAVEL-ALL 4-H CLUB**

At the last meeting fundraisers for Sarris Candy and Christmas wrap and calendars were turned in, and new fundraiser opportunities were announced. We will be selling Christmas Poinsettias and Fresh Pine wreaths, swags and lamp posts. Everyone turned in a card for the soldiers in Iraq and there was a collection of two dollars so that we could send the cards. This year's Community Service will be a visit on Veterans Day to Green Meadows.

We will also visit Green Meadows on December 13. We are going to act out a skit, bake delicious cookies, sing Christmas Carols and we will also present a Christmas program. We will probably put on a small skit about the twelve days of Christmas, Overlys Country Christmas is also coming up. We did our officer election at the meeting and the following people will be the new officers for this year: Kimberly Ciotti

The President is Kelsey Reed, Vice President is Rebecca Snyder, Secretary is Nadine Summy, Treasurer is Tom Trumbetta, Public Relations is Marla Sacks. Our December meeting is on the 13th at the Green Meadows Personal Care Home.



HOLIDAY CLOSINGS  
THE WESTMORELAND COUNTY EXTENSION OFFICE WILL BE CLOSED FOR THE CHRISTMAS HOLIDAY ON DECEMBER 22, 25 AND 26. WE WILL BE CLOSED FOR THE NEW YEAR HOLIDAY ON DECEMBER 29 AND JANUARY 1.

**TRAILBLAZERS 4-H CLUB**

At our November meeting we discussed the annual JHSC banquet and how we could make it better. We went over our show bill for our club show in 2007. During our meeting we held nominations for our officers for the new year. Next month we will be voting on them. For our December meeting we will have a Christmas Party. Instead of a gift bag we will be giving money towards a horse shelter. We had two presentations that were held at the meeting. Natalie Roberts and Amanda Pritchard talked about ulcers in horses. Kerri Zelenak gave her presentation on different types of food for horses.

*Rebecca Welch, News Reporter*

**ALWINE COMMUNITY 4-H CLUB**

Congratulations to our members who won awards at County Achievement Night: Becky Forney, Jesse Turner, Sophia Mintas, Timothy Panzigrau, and Mike Frescura. Special congratulations to Tom Trumbetta who won Outstanding 4-H'er and will be attending the National 4-H Congress, and to

his mother Ruth who won Outstanding 4-H Leader. We also received our Certificate of Merit for our contributions to the Benefit Auction. After the meeting, we made pop bottle snowmen for members to distribute to local senior citizens. Everyone did a great job! Next month we'll

be enjoying fun and games at our Christmas Party. Don't forget your gift for the Yankee Swap!

*Timothy Panzigrau  
News Reporter*



Attention club treasurer's it's time to turn in your books for audit.



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WE'RE ON THE  
WEB

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### 2006 SCHOLARSHIP WINNERS

The Westmoreland County 4-H Memorial Scholarship has awarded scholarships since 1994 to one hundred fourteen (114) 4-H youth. Six new scholarships were awarded at the 4-H Achievement Night held at Four Points Hotel in Greensburg, PA on November 6, 2006.

Receiving the William C. Kelly Scholarship is **Joshua Ebert**, an 11 year member of the Sugarloaf 4-H club.

Others receiving scholarships include:

**Lyndsey Androscopic** from Scottdale, PA. Lyndsey is a seven year member of the Covered Bridge 4-H Horse & Pony Club.

**Rebecca Gibson** from New Florence, PA is a ten year member of the Chestnut Ridge 4-H Club and the Laurel Mountain Horse and Pony Club.

**Katie Marie Gurnick** from Jeannette, PA is an 8 year member of the Brush Creek 4-H club, where her main project was rabbits.

**Amanda Lynn Pritchard** of Youngwood, PA is a 7 year member of Trailblazers 4-H Horse club.

**Beth Ann Weber** from Mt. Pleasant is a 10 year member of New Alex Ag 4-H Club.



Sincerely,

Joann E. Logan  
Extension Educator, 4-H/Youth

Cindy K. Arblaster  
Extension Educator, 4-H/Youth

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