

WESTMORELAND YOUTH



CHOOSE TO REFUSE!
Mt. Pleasant Junior High School

HIGHLIGHTING YOUTH IN TOBACCO PREVENTION

*Westmoreland Tobacco Free Coalition
Penn State Cooperative Extension
RR12, Box 202 E, Greensburg, PA 15601
724-837-1402
www.westmorelandtobaccofree.org*



\$500 Winners!

Westmoreland 4-H County Council received the Thomas Nega Drug Free Lifestyle Award for their year long activities in tobacco prevention including collecting signatures asking restaurants to go smoke-free, performing with Applebee Pond Puppets, doing radio and TV commercials, and conducting surveys of theater anti-tobacco ads.

What's coming? You are invited to the next TATU/BUSTED! meeting on Jan. 21, 2004 at 7 PM in the Red Barn behind Donohoe Center. Worried about friends who smoke? Tired of breathing tobacco smoke in school restrooms? Let's work on it! Come or call Anne for more information.

Health Alert!

Do you pour juice down the drain? Of course not, but did you know that if you smoke or breathe tobacco smoke, your body can not use all of the vitamin C in juice, milk, and food? March 13, 2001 Pediatrics

Penn State University is an equal opportunity university.



Westmoreland Groups are Winners

\$100 awards were presented to these groups for projects announcing, "Tobacco is a drug, too!" during Red Ribbon Week. West Newton PTA West Newton Elementary School gave all parents information about tobacco smoke, collected 95 pledges from parents to keep a smoke-free home and car, and arranged newspaper publicity.

Trafford Leo Club performed an anti-tobacco play with the Applebee Pond Puppets for elementary students.

Monessen Clean Air Coalition partnered with Monessen Library and Mon Valley Hospital for "Show a card/get a T-shirt day." Information about tobacco use, tobacco smoke pollution, and brief cessation counseling were provided to 62 adults.

Greater Latrobe High School Basketball Team made and showed an anti-tobacco video. K-2 students at St. Gertrude School read "Mama didn't know." and discussed how tobacco smoke and tobacco use affect the body. Nancy Sterniak organized Trafford High School students to develop anti-tobacco messages in foreign languages classes.

Did you know?

- Chew tobacco is not a safe alternative to smoking cigarettes.
- Smokers develop face wrinkles sooner than non-smokers.

What do you say? I don't want my life and dreams cut short because of some foolish tobacco!" Maddy Begonia, 9th grade, TATU

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