



# YOUTH CAN STAND UP AND SPEAK OUT AGAINST BIG TOBACCO!



## WORLD NO TOBACCO DAY ESSAY CONTEST

Did you know:

- Secondhand tobacco smoke kills over 53,000 Americans annually
- Exposure to secondhand smoke increases the risk of asthma, bronchitis, ear infections, colds, and coughs
- Over 6 million children are exposed to secondhand smoke every day

In 2005, Governor Rendell proclaimed the month of May, 'Protect Our Children From Tobacco Smoke Pollution.'

The World Health Organization celebrates May 31 as World No Tobacco Day. Students in middle school grades 6-8 are invited to write an essay on the theme, "Protect Our Children From Tobacco Smoke Pollution." Applications are available at Penn State Extension office located at Donohoe Center in Greensburg or on our website at [westmorelandtobaccofree.org](http://westmorelandtobaccofree.org).

Winning essays will receive admission to Idlewild Park for our annual Smoke Free Air Affair in June. Essays should be submitted no later than May 19, 2006.

## COMMUNICATIONS CONTEST AT WESTMORELAND COUNTY FAIR AUGUST 18-26

The Westmoreland Tobacco Free Coalition are offering all county youth the chance to:

- **LEARN** about the harmful effects of tobacco smoke
- **PRACTICE** communication skills, and
- **WIN** recognition and prizes

You have the opportunity to influence youth, friends, and family with the stand that you take on the dangers of tobacco use. You can be part of the solution for helping to make your life and Westmoreland County a tobacco-free environment through this communications contest.

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| <b><u>Demonstration Contest:</u></b>        | <b><u>Public Speaking Contest:</u></b>      |
| -An illustrated talk with posters and props | -An original speech presented without props |

### Westmoreland Fair Prize Awards

- 1st Place: \$50
- 2nd Place: \$25
- 3rd Place: \$10



Monessen Communities That Care Teen Council Members Marquala Chaney, Sheena Vince and Abria Hairston



## **THE SHOE CAMPAIGN** Stomping Out Big Tobacco

*Please support youth who are gathering shoes from Westmoreland County.*



Hempfield High School T.A.T.U. members Heather Cole and Jennifer Provenza



Jillian Rowe, Westmoreland 4-H County Council T.A.T.U. member is reaching out to Latrobe, Greensburg and Pennsylvania Homeschoolers as well as the Step-Up Enrichment program and Western PA Cyber School.



# WESTMORELAND YOUTH IN TOBACCO PREVENTION

Penn State Extension  
RR 12 Box 202E  
Greensburg, PA 15601

Contact: Anne Lail  
724-837-1402  
[WestmorelandTobaccoFree.org](http://WestmorelandTobaccoFree.org)

## YOUTH QUEST 2006 RALLY



## **THE SHOE CAMPAIGN** Stomping Out Big Tobacco

Join us April 25-26 when youth from across the state will gather in Harrisburg to promote awareness of the dangers of tobacco use. As part of the Youth Quest 2006 Rally, **20,000** pairs of shoes collected throughout Pennsylvania will be placed on the steps of the Capitol. The shoes will represent the number of adults who die in Pennsylvania each year from tobacco related illness. More information about the rally is on page 2.

## EARTH DAY, APRIL 22, 2006

Volunteers are needed to greet visitors and educate youth and families about tobacco use at the Westmoreland Earth Day, April 22, 2006. The event will be held at the St. Vincent College Campus. The theme is "Earth Day's Birthday!" and we plan to demonstrate how tobacco prematurely ages the smoker using an aging simulator. We will also remind visitors that tobacco pollutes our air, our body and our earth. Contact Anne Lail at 724-837-1402 for more information.



## Senator Bob Regola's Kid's Rock the 39<sup>th</sup> District Festival



Westmoreland 4-H County Council Teens Against Tobacco Use (T.A.T.U.), members greeted visitors, played games and educated the public about tobacco issues at the first annual Bob Regola's Kid's Rock the 39<sup>th</sup> District Festival.

Jillian Rowe, Jacob Wright, and Christina Potts (l to r) are pictured with Kyle Potts who is dressed as Ciggy Butts.

## MINI-GRANT RECIPIENTS



Youth-led anti-tobacco campaigns were conducted in recognition of Red Ribbon Week and The Great American Smokeout. School and youth groups who completed an anti-tobacco activity were eligible to receive a \$100 mini-grant:

### **Red Ribbon Week recipients:**

- Wendover Middle School
- Jeannette J.A.Y.S.
- Westmoreland 4-H County Council
- Central Westmoreland Career and Technology Center
- Monessen High School Leos

### **Great American Smokeout recipients:**

- Covered Bridge 4-H Club
- Teens for Christ Owensdale U.M.C.
- Burrell High School
- St. Gertrude School
- Mary Queen of Apostles

## 2005 BUSTED! KICKOFF MEETING



Danielle Adams, Prevention Specialist, and Sheriff Eric Sinclair stand with members of Westmoreland County BUSTED! and T.A.T.U. at the 2005 Kickoff Meeting. Sheriff Sinclair provided training and certified youth in conducting store compliance checks. Groups represented are Jeannette HopeShare, Westmoreland 4-H, Hempfield High School, Monessen High School and the Trafford Leos.

## KICK BUTTS DAY, APRIL 5, 2006

Plan a Kick Butts Day activity in your school or community. Youth led groups may be eligible for a \$100 mini-grant. Applications and resource information to plan your event is available on the Westmoreland Tobacco Free website at: [westmorelandtobaccofree.org](http://westmorelandtobaccofree.org). Register your group to receive a free activity guide at [kickbuttsday.org](http://kickbuttsday.org).

