



# WESTMORELAND YOUTH IN TOBACCO PREVENTION

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## HEALTHY 4 LIFE



Trafford Leos Teens Against Tobacco Use (T.A.T.U.) joined the Penn Trafford Recreation Commission to celebrate the annual Healthy 4 Life Fair. Youth talked to families about the toxic chemicals in tobacco smoke and helped kids make smoke-free door knob hangers to remind adults to keep their homes and rooms smoke free. From left: Anne Lail, Jessica Bowell, Jerry Martz, WTAE meteorologist, Lucy DeHaven, Dana Bohince and Anna DiCocco.



From left, Jennifer Provenza and Heather Cole, members of Hempfield High School T.A.T.U are also the Westmoreland County youth representatives to BUSTED! Board of Youth Advisors (BOYA). In August, they attended the first BOYA Summer Camp at Clarion University. BOYA Advisors help guide the future of BUSTED! As members of the Grassroots Committee, Jenn and Heather will bring new ideas to the Westmoreland County BUSTED! Chapter.

## SO, WHAT IS 'BUSTED!'?

Created in 2001, BUSTED! is Pennsylvania's official youth anti-tobacco movement. Youth led and youth driven, the movement started with only 400 high school students. They came together for of a common goal: the elimination of manipulation by Big Tobacco. The mission of BUSTED! is to band together to keep friends and family from becoming victims of tobacco. Membership is open to all youth ages 13-18.

## DOES YOUR SCHOOL HAVE A T.A.T.U. GROUP?

The following schools/groups support a T.A.T.U. club. If your group or school is not listed, call Anne to learn how to get a group started!

- 4-H County Council
- Christ The Divine Teacher
- Fellowship Baptist Church
- Greater Latrobe Senior High
- Greensburg Salem High School
- Hempfield High School
- JAYS After School
- Monessen CTC
- Monessen Leos
- Norwin Middle School
- Trafford Leos
- Valley High School
- West Hempfield Hoorahs



## FACT OR FICTION?

Check your answers below!

1. The tobacco industry spends 1 billion dollars a year advertising their products to potential customers.  
FACT      FICTION
2. Most people start smoking before the age of 18.  
FACT      FICTION
3. Nicotine is as addictive as heroin and cocaine.  
FACT      FICTION
4. Most youth who smoke quit when they are adults.  
FACT      FICTION
5. Nicotine addiction causes as much death as heroin addiction.  
FACT      FICTION

Answers: 1. Fiction-the tobacco companies spend over 1 million dollars an HOUR on advertising. 2. Fact-most smokers start around age 13. 3. Fact-nicotine is a drug. 4. Fiction-most youth say they plan to stop, but find it difficult to do. 5. Fiction-nicotine addiction causes more death than all other addictions combined!

See page 2 for more youth activity and advocacy!

## NEW RESTAURANT PROJECT

Earn money for your group and help the Pennsylvania Department of Health complete the Restaurant Survey Project!

Youth from Westmoreland County are invited to participate in the Pennsylvania Department of Health Restaurant Survey. Groups can earn up to \$100 by visiting local restaurants and observing their smoking policy. If you are interested in learning more about this project, contact Anne Lail.

## Honoring Smoke-Free Restaurants

From left, Christina Potts, Lyndsey Androscopic and Kyle Potts present a certificate to Jason Sirianni, General Manager of Pizza Hut, Mt. Pleasant honoring them as a 100% smoke-free restaurant. If you would like a Guide To Smoke-Free Restaurants in Westmoreland County, or information on how you can help a restaurant go smoke free, please call Anne at 724-837-1402.



## 4-H Teens Are Kicking Butts!

During the Westmoreland Fair, 4-H County Council T.A.T.U. members Cody Ogg, Kyle Potts, Lea Blasko and Amanda Ogg help to greet visitors to the 4-H building and discuss how teens can be involved in tobacco prevention. The 4-H group sponsored a Kick Butts Day letter writing campaign to local restaurants asking them to voluntarily go smoke-free. The Southwest Pizza Hut restaurants who received letters were impressed. **On July 1, 2005, all Southwest Pizza Hut restaurants announced that they are 100% smoke-free!** Congratulations 4-H County Council T.A.T.U.!



## 2005 WESTMORELAND FAIR

### And the winners are.....

The Westmoreland Tobacco Free Coalition sponsored the 3rd annual Anti-Tobacco Public Speaking and Demonstration Contest at the Westmoreland Fair. Youth learned facts about tobacco use and practiced communication skills by presenting speeches and demonstrations on anti-tobacco topics.

**Winning awards for their presentations are:**

#### Junior Public Speaking      Junior Demonstration

**1st-Zachary Shaffer, Calumet**      **1st-Jocelyn Stas, Whitney**  
**2nd-Sarah Adams, Latrobe**      **2nd-Kirstin Keller, Adamsburg**  
**3rd-Kyle Potts, Trauger**

#### Senior Public Speaking      Senior Demonstration

**1st-Jillian Rowe, Greensburg**      **1st-Marla Sacks, Greensburg**  
**2nd-Jodi Lenhart, Bolivar**      **2nd-Krystal Iman, Greensburg**  
**3rd-Marla Sacks, Greensburg**      **3rd-Stephanie King, Greensburg**

## Use Your Voice!

Using her voice and musical talents, Angel Smith, Greensburg Salem High School student composes original music and lyrics that identify with teen issues and drug prevention. Angel was invited to perform at the Westmoreland Fair where she featured an anti-tobacco song she wrote for Kick Butts Day.



## You can use your voice, too!



Make a difference in the lives of your family and friends! If you know someone who smokes, and you want to let them know that you care about them and want to help them quit, call us to get these free stickers. Stick them on their cigarette packs. Your loved one will get the message that you care about them and want them to get help to quit tobacco. If you would like stickers, call Anne at 724-837-1402.

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