

Tobacco Free Youth Leadership Conference

Westmoreland Intermediate Unit – Donohoe Road, Greensburg
October 23, 2009 – 8:30 a.m.-1:30 p.m.

*A conference for teens, teachers, club sponsors and group leaders promoting **tobacco free youth, leadership, advocacy, service learning and peer education skills.***



Teens Against Tobacco Use (T.A.T.U.) is a research based education and leadership program for youth and their adult leaders. The program is designed to help teens develop strong leadership skills while positively influencing younger children and peers to live tobacco-free. The conference will prepare adults as facilitators of T.A.T.U. groups in their school and community.

- *Facilitators help teens develop and practice effective teaching skills.*
- *Teens create and present a tobacco-free message to youth, peers and community leaders.*



Stipends may be available to assist schools with transportation cost to the conference.

Conference is **FREE**.
Lunch will be provided.
Registration due October 16, 2009.
Space is limited...please register early.
To register, call Anne Lail, 724-837-1402.

Act 48
Hours

PENNSTATE



College of Agricultural Sciences
Cooperative Extension in Westmoreland County

Penn State is committed to affirmative action, equal opportunity, and the diversity of its workforce.

Who should attend?

- Teacher or club sponsor, coach, youth group or faith based leader, and
- Middle and high school student club members - grades 6 through 12.

SADD, Interact, Future Leaders, Student Council, 4-H, Leos, Key Clubs are examples of groups that have included T.A.T.U. activities into existing school programs.

Teams that participate in the conference will apply skills learned to implement a new or ongoing project focused on tobacco control or prevention.

Participants will ...

- **learn** tobacco issues affecting youth and families.
 - **experience** tobacco prevention education activities.
 - **meet** leaders in public health, education, advocacy and business.
 - **develop** activity ideas to implement in school or community.
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PA Act 48 - The Westmoreland Intermediate Unit will provide PA Act 48 educational hours to teachers attending the conference **and** completing a school based T.A.T.U. program.

Speakers panel ...

American Cancer Society
American Lung Association
Community Prevention Services of Westmoreland
Penn State Extension – Westmoreland County
Saint Vincent College Prevention Projects



Participants will receive ...



- “U-CAN” t-shirt, posters, banner and videos to support tobacco free activities.
 - Invitation to attend Regional and Statewide Leadership Conferences
 - Semi-annual newsletter highlighting Westmoreland County youth in tobacco prevention.
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Mini-Grants - Groups will be eligible to receive a \$100 mini-grant to support a tobacco prevention peer education or community activity during one of these campaigns:

- **Red Ribbon Week** – October 25-31, 2009
- **Great American Smokeout** - November 19, 2009
- **Kick Butts Day** – March 24, 2010
- **World No Tobacco Day** – May 31, 2010

